





Dear Families.

This week we are taking the "Pets" theme up a notch with a pretend play pet store! The kids will get to choose from a big variety of pets to buy and take care of while they play in this center. Roles that your child make take on are Shopper, Groomer, and Cashier. On Thursday and Friday the kids saw it start to go up, and were VERY intrigued. We can't wait to see them enjoy this center next week.

Winter Field Trip: Kohl Children's Museum

Our field trip is this THURSDAY! We will be meeting at the Kohl Children's Museum. We hope everybody can attend! If you will the child's fault, but may be due to be attending the field trip with your child, we will assign one or two other students for you to chaperone. If you do not want to chaperone, please let a teacher sudden changes in expectations, loss of know! Siblings are welcome, but a parent should attend with any younger siblings. If your preschooler is not attending our trip, we do not have school on Thursday.

Spring Parent-Teacher Conferences

Our spring conferences are Wednesday and Thursday, March 20th and 21st. On these days we do not have school. During During a tantrum or meltdown you should: your child's conference, we will review your child's progress report and any other questions that you'd like to talk about! You should sign up ASAP for your preferred time slot because times are first-come, first-served. If you'd prefer a phone conference, we would be happy to give you a call during your time slot. Please just make a note of it when you sign up for the conference online.

Social Emotional Tip

Tantrums are outbursts that happen when a child is trying to get his or her way. Meltdowns are more complicated and not always

external factors. (Ex/sensory overload, task performance demands, lack of communication skills, extreme frustration, control of environment, etc.)

When you feel that your child is beginning to lose

it, you should:

- Remain calm and use a quiet voice
- Take audible deep breaths
- Prevent a power struggle/reduce demands

- Remain calm and quiet
- Do not take behavior personally
- Be conscious of your own behavior and vocal tone



CENTERS AND REMINDERS

| Center | Activities | Why are these activities so important? |
|-------------------------|--|--|
| Blocks | Wooden blocks is assorted shapes Littlest Pet Shop toys set | Creative play; turn taking; strengthening fine and gross motor skills; task persistence and problem solving |
| Table Toys and Games | Roll, Count and Build- math game Pet shapes game- identify and trace shapes Pet erasers and patterning trays Dog letter sort | Visual discrimination; measurement and size; turn taking with a peer; hand-eye coordination |
| Pretend | Pet Store | Developing language and social skills; socialization and building friendships; imaginative and pretend play; sharing materials and turn taking |
| Writing | Finger writing numbers in birdseed tray Dot art pets Alphabet upper- and lowercase match | Fine motor skills; early literacy; language development |
| Library | Pet-themed books Class Books Magnetic letters and pet vocabulary | Book-handling skills; social interactions; imaginative and pretend play; early literacy |
| Sensory | Play dough, rollers and cookie cutters Aquarium gravel with fish, frogs and turtles | Sensory; fine motor development; volume and measurement; science concepts-sink/float, solid/liquid, hard/soft; sharing materials with peers |
| Snack | Full group Wednesday- Goldfish graphing with rainbow goldfish crackers | Self-help; language development and social skills |
| Art | Pet stamps and ink pads Gluing activity- create a pet store | Expressing creativity; developing fine motor skills; Applying new knowledge |
| Tech | Ipads (not available everyday) | Turn taking; developing hand-eye coordination and fine motor skills; practicing various cognitive skills (literacy, math, science concepts) |
| Science | Doggy bone sorting, measuring and weighing | Exploring cause and effect; making observations; turn taking with peers |